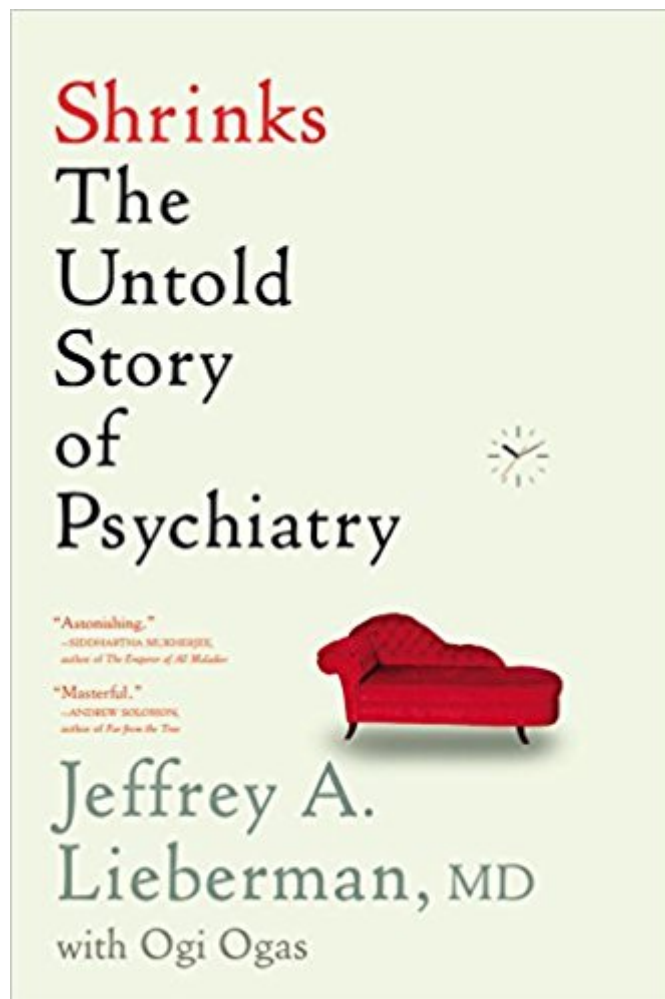




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Shrinks: The Untold Story Of Psychiatry



Synopsis

"An astonishing book: honest, sober, exciting, and humane... [Shrinks] brings you to the very forefront of one of the most amazing medical journeys of our time." --Siddhartha Mukherjee

Psychiatry has come a long way since the days of chaining "lunatics" in cold cells. But, as Jeffrey Lieberman, MD, reveals in his eye-opening book, the path to legitimacy for "the black sheep of medicine" has been anything but smooth. Dr. Lieberman traces the field from its birth as a mystic pseudo-science to its late blooming maturity--beginning after World War II--as a science-driven profession that saves lives. With fascinating case studies and portraits of the field's luminaries--from Sigmund Freud to Eric Kandel--SHRINKS is a gripping read, and an urgent call-to-arms to dispel the stigma of mental illnesses by treating them as diseases rather than unfortunate states of mind.

Customer Reviews

"A chatty, expert, sometimes scathing but ultimately upbeat account of the history of psychiatry." --Natalie Angier, New York Times Book Review & Editors' Choice

Lieberman isn't another muckraker trolling the profession...Well, he may be raking up some old muck, but for good cause...he tells this history in engaging and authoritative detail." --Matthew Hutson, Washington Post

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